

Unity

By Ted Mattingly

Prologue

My name is Ted.

I was born on December 14, 1962.

How I came to this time, place and position is and always has been through God's Hands.

I am a normal human. A soul, in this vessel of flesh called Ted. No other information is needed about me.

Almost six months before I started to write this message, I asked God: "Father, how do I explain myself? How do I explain what I feel to those who will ask me why I think like I do?" God answered me. God told me to write from my heart as to what I feel.

My mother was visiting, watching T.V. and I went to my room and started writing. These are my own words as they pertain to my being here.

I Choose

To love my spiritual Creator and all that it entails to my being here in this plane, place and body.

I choose to love and respect all of my fellow spirits and creations, for their parts in my journey and for the bond of us sharing our esoteric creation.

I choose not only to be a light to other spirits, to help them find their paths, but to aid them in finding the light of their unity with our creator, so they may light their own ways and help others to find their own light, so no one will ever live in darkness again, if they so choose.

I choose to care for my body to the best of my ability, for it is the lantern that my creator has bestowed upon me, to carry me through this time and place.

I choose to break the bonds of limitation and labeling of mankind and embrace the limitless potential of my connection with Divinity and all its glory.

I choose to love my creator, not for the promise of heaven or the threat of hell, but solely for the fact of loving my creator for caring enough to allow me to have this journey to learn.

I choose to intensify the light of my lantern by showing my love to all with my actions, words and concern.

I choose to call my creator God and Father for my own sake and my own display of affection towards him.

I choose this path because I have been given the gift to choose. I am pleased with my choices.

This truth that I am about to share is a double-edged sword. It will empower one to cut all of the falsity and negativity in one's path. But, unless one is prepared to cut that very falsity and negativity within one's own being, then these words should not be read.

I love my Father (God). I love you all. I love all of His creation. I love my growth. I hope to keep on living and growing in my faith and aiding others. Whatever God has in store for me as I live my life, I know it is for my own growth.

Thank You God for allowing me the honor of awakening slowly and trusting in me to help awaken others.

These next pages are words directly from God.

Mock them, curse them, doubt them if you wish. But, they will not change the truth.

I fear nothing other than God not loving me or being a part of me. I am, as we all are, part of Him and He, me. I love Him, you, all creation and myself as He loves me, you and all His creations.

I fear nothing but I do not take this for granted for with Freedom comes Responsibility. This is a responsibility to care for oneself, for others and for creation.

With God's words, ignorance is washed away and empowerment given to all.

Awaken my fellow spirits. We are children of our creator. Our unity with God is an awakening and not a journey. No human act or deity can bring you closer or separate you. You can merely deny or ignore the reality. You cannot advance yourself or raise yourself above others. For it is in becoming equal to all that you awaken yourself to the unity....to all....humans, creation and God.

God Speaks

To My Children:

Through this child let my words be heard. Lose the attitudes and relax.

At what point do you believe that I have lost control of anything that has happened? You have the freedom of choice as always. But, it is I alone, who controls all circumstances.

What securities do you seek from the finite? Who do you wish to embrace for the momentary glory of what you claim as your life?

There is no act, no material, nor path that you choose that places you closer to me than any other. You are all born into circumstances. If you act other than through a sincere heart towards Love, I am saddened. I will never lose my love for you for how can I not love my children.

Through this child that writes I will give knowledge. It must be by faith and time that you must seek within yourselves truth.

There are no voids. If you bear hate, you cannot fill yourselves with love. And what would you hate that is not part of me. You are not me but part of me and, thus, I am part of you. I am part of all of you.

You cannot think, act or feel without being part of me. Your life is part of my life as well.

Only your consciousness is yours freely.

I am not your king, lord or ruler and you do not serve me. I do not command or control you.

What parent wants their child to fear them?

I ask for your love solely because I love you. In showing your love to me, you love all things especially yourselves in identifying our unity.

You do not love yourselves by destroying your bodies. You do not love others by placing yourselves apart from them. You do not respect me by destroying my creations. You do not believe in our unity by believing in any separation.

Choice has been and always will be yours. We are one. I love you.

You must choose to love me solely for yourselves. I will choose all your circumstances. I am your Creator and all that which you can smell, touch, taste, see and for the most part, hear.

Your thoughts and words and feelings are yours. You control your actions and I will give you the circumstances of those, so you may choose again and again and again.

I do so with love so you may learn.

God

Words From a Fellow Spirit

I can never encompass all that God has given in knowledge to me in a single book. I can only make a few statements, to perhaps, plant a seed that it is for you to cultivate.

1. Of the Spirit or (of you), that which you are.

If God was red light and you were blue light, the essence of what you are in totality is lavender. Do not sadden Him with selfish, loveless acts.

2. Of the Mind, your free consciousness that decides your actions.

Awaken to our unity as a whole. Fear, hate, doubt, insecurity and sadness will not exist. There are no voids. With our unity comes endless love from a limitless source and an all-powerful loving figure. Enough said.

3. Of the Body, our vessels in this life time journey.

Do not take God for granted. Do not abuse your body through too much sugar, salt, fat or lack of activity. God designed us. Proper food, clean air and natural fluids are vital. Nothing in excess, even that which is good. At no time were our lungs designed to take in anything but air.

Last Words

I share this out of love for you and all who will come after you. We are unified with perfection. We only need awaken to this realization and take the responsibility that comes with this blessing.

With peace and love,

Ted

Friday, September 13, 2002